

# Daily Morning Prayer: Rite Two with The Twelve Steps

## The Invitatory and Psalter

*All stand*

**Officiant Lord, open our lips.**

**People And our mouth shall proclaim your praise.**

### **Officiant and People**

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

*Except in Lent, add Alleluia.*

### **Officiant & People**

**Step 1: We admitted we were powerless over \_\_\_\_\_ (insert your addiction/s), that our lives had become unmanageable.**

**Step 2: We came to believe that a power greater than ourselves could restore us to sanity.**

### **Officiant**

Grace to you and peace from God our Father and from the Lord Jesus Christ. *Phillipians 1:2 or*

I was glad when they said to me, "Let us go to the house of the Lord." *Psalms 122:1 or*

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer. *Psalms 19:14 or*

The Lord is in his holy temple; let all the earth keep silence before him. *Habakkuk 2:20*

**Officiant & People**

**Step 3:** We made a decision to turn our will and our lives over to the care of God.

**Third Step Prayer:** God, I offer myself to Thee – to build with me and to do with me as Thou wilt. Relieve me of bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy will always.

**Confession of Sin**

**Officiant** Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Officiant and People** together, all kneeling

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

**Step 4:** We made a searching and fearless moral inventory of ourselves.

**Step 5:** We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

**Officiant**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

*A deacon or lay person using the preceding form remains kneeling, and substitutes "us" for "you" and "our" for "your."*

**Officiant**    **The mercy of the Lord is everlasting:**

**People**        **Come let us adore him.**

**Officiant & People**

**Jubilate**    *Psalm 100*

Be joyful in the Lord, all you lands; \*  
serve the Lord with gladness  
and come before his presence with a song.

Know this: The Lord himself is God; \*  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;  
go into his courts with praise; \*  
give thanks to him and call upon his Name.

For the Lord is good;  
his mercy is everlasting; \*  
and his faithfulness endures from age to age.

**Step 6:**        **We were entirely ready to have God remove all these defects of character.**

**Officiant & People**

*Then follows*

**The Psalm or Psalms Appointed**

*or this*

**Psalm 51:1-18**

Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions.  
Wash me thoroughly from my iniquity,  
and cleanse me from my sin.

For I know my transgressions,  
and my sin is ever before me.  
Against you, you alone, have I sinned,  
and done what is evil in your sight,  
so that you are justified in your sentence  
and blameless when you pass judgment.  
Indeed, I was born guilty,  
a sinner when my mother conceived me.

You desire truth in the inward being;  
therefore teach me wisdom in my secret heart.  
Purge me with hyssop, and I shall be clean;  
wash me, and I shall be whiter than snow.  
Let me hear joy and gladness;  
let the bones that you have crushed rejoice.  
Hide your face from my sins,  
and blot out all my iniquities.

Create in me a clean heart, O God,  
and put a new and right spirit within me.  
Do not cast me away from your presence,  
and do not take your holy spirit from me.

Restore to me the joy of your salvation,  
and sustain in me a willing spirit.

Then I will teach transgressors your ways,  
and sinners will return to you.  
Deliver me from bloodshed, O God,  
O God of my salvation,  
and my tongue will sing aloud of your deliverance.

O Lord, open my lips,  
and my mouth will declare your praise.  
For you have no delight in sacrifice;  
if I were to give a burnt-offering, you would not be pleased.  
The sacrifice acceptable to God is a broken spirit;  
a broken and contrite heart, O God, you will not despise.

*At the end of the Psalm(s) is sung or said*

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

**Step 7: We humbly asked God to remove our shortcomings.**

**Seventh Step Prayer: My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character, which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.**

## **The Lessons**

A Reading (Lesson) from \_\_\_\_\_.

*A citation giving chapter and verse may be added.*

After each Lesson the Reader may say

The Word of the Lord.

*Answer* Thanks be to God.

**Officiant & People**

**9 The First Song of Isaiah** *Ecce, Deus*  
*Isaiah 12:2-6*

Surely, it is God who saves me; \*  
I will trust in him and not be afraid.  
For the Lord is my stronghold and my sure defense, \*  
and he will be my Savior.  
Therefore you shall draw water with rejoicing \*  
from the springs of salvation.  
And on that day you shall say, \*  
Give thanks to the Lord and call upon his Name;  
Make his deeds known among the peoples; \*  
see that they remember that his Name is exalted.  
Sing praises of the Lord, for he has done great things, \*  
and this is known in all the world.  
Cry aloud, inhabitants of Zion, ring out your joy, \*  
for the great one in the midst of you is the Holy One of Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

A Reading (Lesson) from \_\_\_\_\_.

*A citation giving chapter and verse may be added.*

After each Lesson the Reader may say

The Word of the Lord.  
*Answer* Thanks be to God.

**Officiant & People**

**16 The Song of Zechariah** *Benedictus Dominus Deus*  
*Luke 1: 68-79*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.

Through his holy prophets he promised of old,  
that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.  
This was the oath he swore to our father Abraham, \*  
to set us free from the hands of our enemies,  
Free to worship him without fear, \*  
holy and righteous in his sight  
all the days of our life.  
You, my child, shall be called the prophet of the Most High, \*  
for you will go before the Lord to prepare his way,  
To give his people knowledge of salvation \*  
by the forgiveness of their sins.  
In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
To shine on those who dwell in darkness and the  
shadow of death, \*  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

**Step 8:** We made a list of all persons we had harmed, and became willing to make amends to them all.

**Step 9:** We made direct amends to such people wherever possible, except when to do so would injure them or others.

**The Promises:** We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity, and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will suddenly realize that God is doing for us what we could not do for ourselves.

**Step 10:** We continued to take personal inventory and when we were wrong promptly admitted it.

**Step 11:** We sought through prayer and meditation to improve our conscious contact with God, praying only for the knowledge of God's will for us and the power to carry that out.

## **The Prayers**

*The People stand or kneel*

**Officiant** The Lord be with you.

**People** And also with you.

**Officiant** Let us pray.

### **Officiant and People**

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

*Then follows one of these sets of Suffrages*

**A**

- V. Show us your mercy, O Lord;
- R. And grant us your salvation.
- V. Clothe your ministers with righteousness;



R. Let your people sing with joy.  
V. Give peace, O Lord, in all the world;  
R. For only in you can we live in safety.  
V. Lord, keep this nation under your care;  
R. And guide us in the way of justice and truth.  
V. Let your way be known upon earth;  
R. Your saving health among all nations.  
V. Let not the needy, O Lord, be forgotten;  
R. Nor the hope of the poor be taken away.  
V. Create in us clean hearts, O God;  
R. And sustain us with your Holy Spirit.

## **B**

V. Save your people, Lord, and bless your inheritance;  
R. Govern them and uphold them, now and always.  
V. Day by day we bless you;  
R. We praise your name for ever.  
V. Lord, keep us from all sin today;  
R. Have mercy upon us, Lord, have mercy.  
V. Lord, show us your love and mercy;  
R. For we put our trust in you.  
V. In you, Lord, is our hope;  
R. And we shall never hope in vain.

## **Officiant**

*The Officiant then says one or more of the following Collects*

*The Collect of the Day*

*A Collect for the Renewal of Life*

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness while it was day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. *Amen.*

*A Collect for Grace*

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*

*For Vocation in Daily Work*

Almighty God our heavenly Father, you declare your glory and show forth your handiwork in the heavens and in the earth: Deliver us in our various occupations from the service of self alone, that we may do the work you give us to do in truth and beauty and for the common good; for the sake of him who came among us as one who serves, your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

**Officiant Present your own thanksgivings, intercessions, and petitions.**

*The Officiant or other appointed person may offer a homily at this time.*

**Officiant**

*For the Victims of Addiction*

O blessed Lord, you ministered to all who came to you: Look with compassion upon all who through addiction have lost their health and freedom. Restore to them the assurance of your unfailing mercy; remove from them the fears that beset them; strengthen them in the work of their recovery; and to those who care for them, give patient understanding and persevering love. *Amen.*

**Officiant and People**

*The General Thanksgiving*

Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks

for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.  
And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

**Step 12:    Having had a spiritual awakening as the result of these steps, we  
tried to carry this message to others, and to practice these  
principles in all our affairs.**

**Officiant and People**

*A Prayer of St. Chrysostom*

Almighty God, you have given us grace at this time with one  
accord to make our common supplication to you; and you  
have promised through your well-beloved Son that when two  
or three are gathered together in his Name you will be in the  
midst of them: Fulfill now, O Lord, our desires and petitions  
as may be best for us; granting us in this world knowledge of  
your truth, and in the age to come life everlasting. *Amen.*

**Officiant    Let us bless the Lord.**

**People        Thanks be to God.**

*From Easter Day through the Day of Pentecost "Alleluia, alleluia" may  
be added to the preceding versicle and response.*

**Officiant**

*The Officiant may then conclude with one of the following*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore.

*Amen. 2 Corinthians 13:14*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen.*

*Romans 15:13*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen. Ephesians 3:20,21*